

Contributors to Transient Incontinence

Condition	Identification/Mechanism
D elirium	Mental status changes, confusion
D rug side effects	
Diuretics	Increase urine volume — includes caffeine
Anticholinergics	Urinary retention — TCA's, psychotropics, antihistamines, Parkinson's
Sedatives	Decrease alertness — alcohol, hypnotics, narcotics
Alpha-adrenergic agents	Increase sphincter tone — retention
Alpha-adrenergic blockers	Decrease sphincter tone
Calcium channel blockers	Urinary retention
R etention of feces	History, rectal examination
R estricted mobility	Gait evaluation
I nfection, Urinary	Urinalysis, Culture
I nflammation	Genital examination
P olyuria	Hyperglycemia, hypercalcemia, peripheral edema (nocturnal)
P sychogenic	Alcohol, depression