

# Family Report: The Medical History Instructions

**(Do not copy this page for patients or family)**

This tool is one in a series of questionnaires designed to collect information generally relevant to the differential diagnosis of a memory problem.

“Family Report: Medical History” collects information about the patient — pertinent negatives, education and employment history, medication, health habits and a review of systems specific to memory disorder differential diagnosis. This questionnaire may be completed by the patient, the family, or both together. Some sections collect information about current and remote health problems, and these may be omitted for established patients.

# Family Report: The Medical History

**Instructions**

To determine the cause of memory problems, the doctor needs details about the person's history, including current and past medical problems, medications, health habits, and family history. The information may need to be gathered from both the person and family members.

**The name of the person is:**

---

**My name is:**

---

**My telephone is:**

---

**Past  
Medical  
History**

Has the person been affected by any of the following medical conditions? If so, when was it first found?

No	Yes	When?	Condition
<input type="checkbox"/>	<input type="checkbox"/>	_____	High blood pressure
<input type="checkbox"/>	<input type="checkbox"/>	_____	Heart disease, angina
<input type="checkbox"/>	<input type="checkbox"/>	_____	Thyroid trouble
<input type="checkbox"/>	<input type="checkbox"/>	_____	High cholesterol
<input type="checkbox"/>	<input type="checkbox"/>	_____	Stroke
<input type="checkbox"/>	<input type="checkbox"/>	_____	Neuropathy
<input type="checkbox"/>	<input type="checkbox"/>	_____	Poor circulation
<input type="checkbox"/>	<input type="checkbox"/>	_____	Diabetes
<input type="checkbox"/>	<input type="checkbox"/>	_____	Hepatitis
<input type="checkbox"/>	<input type="checkbox"/>	_____	Serious head injury
<input type="checkbox"/>	<input type="checkbox"/>	_____	Parkinson's disease
<input type="checkbox"/>	<input type="checkbox"/>	_____	Drinking problem
<input type="checkbox"/>	<input type="checkbox"/>	_____	Depression
<input type="checkbox"/>	<input type="checkbox"/>	_____	Syphilis or other venereal disease
<input type="checkbox"/>	<input type="checkbox"/>	_____	Seizures
<input type="checkbox"/>	<input type="checkbox"/>	_____	Street drug use
<input type="checkbox"/>	<input type="checkbox"/>	_____	Cancer
<input type="checkbox"/>	<input type="checkbox"/>	_____	Brain hemorrhage or hematoma
<input type="checkbox"/>	<input type="checkbox"/>	_____	Meningitis or encephalitis
<input type="checkbox"/>	<input type="checkbox"/>	_____	Severe vision or hearing loss
<input type="checkbox"/>	<input type="checkbox"/>	_____	Vitamin deficiency
<input type="checkbox"/>	<input type="checkbox"/>	_____	Brain CT scan or MRI

**Current  
Medical  
History**

Please list the medical conditions currently affecting the person or that they are currently receiving treatment.

<b>When did it begin?</b>	<b>Condition</b>
_____	_____

**Former  
Medical  
Problems**

Please list all the medical conditions the person has had in the past however no longer cause problems.

<b>When did it begin?</b>	<b>Condition</b>
_____	_____
_____	_____

***Surgical  
History***

Please list all operations the person has had, with the approximate date.

<b>Date</b>	<b>Operation</b>
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

***Psychiatric  
History***

Please list all mental health or psychiatric conditions or treatments the person has had, with the approximate date of onset for each.

<b>Date</b>	<b>Condition or Treatment</b>
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

**Education  
and  
Employment**

What is the highest level of formal education the person completed? \_\_\_\_\_

What was the primary type of work the person performed?

\_\_\_\_\_

What other jobs has the person held? \_\_\_\_\_

\_\_\_\_\_

Has the person ever worked with chemicals, solvents, or heavy metals (for example, lead)? \_\_\_\_\_ No \_\_\_\_\_ Yes

If yes, which ones? \_\_\_\_\_

Does the person have any history of exposure to radiation or radiation therapy? \_\_\_\_\_ No \_\_\_\_\_ Yes

Has the person ever had electroconvulsive (ECT) or “shock” therapy? \_\_\_\_\_ No \_\_\_\_\_ Yes

Has the person ever been a boxer? \_\_\_\_\_ No \_\_\_\_\_ Yes

**Prior  
Evaluation**

Have you had brain imaging study (CT brain or MRI)?

\_\_\_\_\_ No \_\_\_\_\_ Yes

If yes, where and when? \_\_\_\_\_

Have you had blood tests for memory loss?

\_\_\_\_\_ No \_\_\_\_\_ Yes

If yes, where and when? \_\_\_\_\_

Have you had an evaluation for memory loss before?

\_\_\_\_\_ No \_\_\_\_\_ Yes

If yes, where and when? \_\_\_\_\_

**Family History**

Please indicate which family members have had any of the following medical conditions (give the relationship to the person, not the relative's name):

<b>Condition</b>	<b>Family Member(s)</b>
Alzheimer's disease or dementia	_____
Parkinson's disease	_____
Depression	_____
Stroke	_____
Heart Disease	_____
Down syndrome	_____
Diabetes	_____

**Health Habits**

If the person ever smoked, how many packs per day and for how many years? \_\_\_\_\_

If the person no longer smokes, when did he or she quit?  
\_\_\_\_\_

Does the person drink any alcoholic beverages on most days?  
\_\_\_\_\_ No \_\_\_\_\_ Yes

If yes, how many drinks per day, usually? (1 drink is 1 beer, 6 oz of wine, or 2 oz of hard liquor) \_\_\_\_\_

Is the person currently driving? \_\_\_\_\_

**Medication  
History**

Please list all **prescription** medicines that the person is currently taking.

<b>Name of medication</b>	<b>Strength and times per day</b>
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Please list all **over-the-counter** medicines that the person is currently taking at least once a week.

<b>Name of medication</b>	<b>Strength and times per day</b>
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

**Review of  
Systems**

Has the person experienced any of the following problems in the past few years? Please describe any problems briefly, with approximate dates. If you need more room, write on the back of the sheet. Leave the blank empty if the problem had not occurred.

<b>Problem</b>	<b>Description, date(s)</b>
Change in personality	_____
Trouble talking, finding words	_____
Weakness on one side	_____
Poor judgment	_____
Episodes of severe confusion	_____
Loss of alertness, inability to wake up	_____
Believing something that is obviously not true	_____
Cries, gets angry without reason	_____
Vision or hearing loss	_____
Problem with teeth, gums	_____
Injury from a fall	_____
Trouble with balancing, walking	_____
Snoring loudly, gasping for breath while sleeping	_____
Shortness of breath	_____
Chronic coughing	_____
Change in bowel habits	_____
Bleeding from the rectum	_____

**Review of symptoms, continued**

**Problem**

**Description, date(s)**

Increased or decreased interest in sex

\_\_\_\_\_

Trouble with urination, incontinence

\_\_\_\_\_

Pain in joints or bones

\_\_\_\_\_

Limited movement of arms, legs

\_\_\_\_\_

Bleeding or enlarged spots on skin

\_\_\_\_\_

Unusual skin dryness or sweating

\_\_\_\_\_

Changes in appetite

\_\_\_\_\_

Unusual thirst

\_\_\_\_\_

Extreme fatigue

\_\_\_\_\_

Change in sleep habits

\_\_\_\_\_

Weight loss or gain

\_\_\_\_\_

Inability to prepare or eat food

\_\_\_\_\_

**When you have completed this form, please return it to:** \_\_\_\_\_

\_\_\_\_\_