

Family Report: The Medical History Instructions

(Do not copy this page for patients or family)

This tool is one in a series of questionnaires designed to collect information generally relevant to the differential diagnosis of a memory problem.

“Family Report: Medical History” collects information about the patient — pertinent negatives, education and employment history, medication, health habits and a review of systems specific to memory disorder differential diagnosis. This questionnaire may be completed by the patient, the family, or both together. Some sections collect information about current and remote health problems, and these may be omitted for established patients.

Family Report: The Medical History

Instructions

To determine the cause of memory problems, the doctor needs details about the person's history, including current and past medical problems, medications, health habits, and family history. The information may need to be gathered from both the person and family members.

The name of the person is:

My name is:

My telephone is:

**Past
Medical
History**

Has the person been affected by any of the following medical conditions? If so, when was it first found?

| No | Yes | When? | Condition |
|--------------------------|--------------------------|-------|------------------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | _____ | High blood pressure |
| <input type="checkbox"/> | <input type="checkbox"/> | _____ | Heart disease, angina |
| <input type="checkbox"/> | <input type="checkbox"/> | _____ | Thyroid trouble |
| <input type="checkbox"/> | <input type="checkbox"/> | _____ | High cholesterol |
| <input type="checkbox"/> | <input type="checkbox"/> | _____ | Stroke |
| <input type="checkbox"/> | <input type="checkbox"/> | _____ | Neuropathy |
| <input type="checkbox"/> | <input type="checkbox"/> | _____ | Poor circulation |
| <input type="checkbox"/> | <input type="checkbox"/> | _____ | Diabetes |
| <input type="checkbox"/> | <input type="checkbox"/> | _____ | Hepatitis |
| <input type="checkbox"/> | <input type="checkbox"/> | _____ | Serious head injury |
| <input type="checkbox"/> | <input type="checkbox"/> | _____ | Parkinson's disease |
| <input type="checkbox"/> | <input type="checkbox"/> | _____ | Drinking problem |
| <input type="checkbox"/> | <input type="checkbox"/> | _____ | Depression |
| <input type="checkbox"/> | <input type="checkbox"/> | _____ | Syphilis or other venereal disease |
| <input type="checkbox"/> | <input type="checkbox"/> | _____ | Seizures |
| <input type="checkbox"/> | <input type="checkbox"/> | _____ | Street drug use |
| <input type="checkbox"/> | <input type="checkbox"/> | _____ | Cancer |
| <input type="checkbox"/> | <input type="checkbox"/> | _____ | Brain hemorrhage or hematoma |
| <input type="checkbox"/> | <input type="checkbox"/> | _____ | Meningitis or encephalitis |
| <input type="checkbox"/> | <input type="checkbox"/> | _____ | Severe vision or hearing loss |
| <input type="checkbox"/> | <input type="checkbox"/> | _____ | Vitamin deficiency |
| <input type="checkbox"/> | <input type="checkbox"/> | _____ | Brain CT scan or MRI |

**Current
Medical
History**

Please list the medical conditions currently affecting the person or that they are currently receiving treatment.

| When did it begin? | Condition |
|---------------------------|------------------|
| _____ | _____ |

**Former
Medical
Problems**

Please list all the medical conditions the person has had in the past however no longer cause problems.

| When did it begin? | Condition |
|---------------------------|------------------|
| _____ | _____ |
| _____ | _____ |

***Surgical
History***

Please list all operations the person has had, with the approximate date.

| Date | Operation |
|-------------|------------------|
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |

***Psychiatric
History***

Please list all mental health or psychiatric conditions or treatments the person has had, with the approximate date of onset for each.

| Date | Condition or Treatment |
|-------------|-------------------------------|
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |

**Education
and
Employment**

What is the highest level of formal education the person completed? _____

What was the primary type of work the person performed?

What other jobs has the person held? _____

Has the person ever worked with chemicals, solvents, or heavy metals (for example, lead)? _____ No _____ Yes

If yes, which ones? _____

Does the person have any history of exposure to radiation or radiation therapy? _____ No _____ Yes

Has the person ever had electroconvulsive (ECT) or “shock” therapy? _____ No _____ Yes

Has the person ever been a boxer? _____ No _____ Yes

**Prior
Evaluation**

Have you had brain imaging study (CT brain or MRI)?

_____ No _____ Yes

If yes, where and when? _____

Have you had blood tests for memory loss?

_____ No _____ Yes

If yes, where and when? _____

Have you had an evaluation for memory loss before?

_____ No _____ Yes

If yes, where and when? _____

Family History

Please indicate which family members have had any of the following medical conditions (give the relationship to the person, not the relative's name):

| Condition | Family Member(s) |
|---------------------------------|-------------------------|
| Alzheimer's disease or dementia | _____ |
| Parkinson's disease | _____ |
| Depression | _____ |
| Stroke | _____ |
| Heart Disease | _____ |
| Down syndrome | _____ |
| Diabetes | _____ |

Health Habits

If the person ever smoked, how many packs per day and for how many years? _____

If the person no longer smokes, when did he or she quit?

Does the person drink any alcoholic beverages on most days?
_____ No _____ Yes

If yes, how many drinks per day, usually? (1 drink is 1 beer, 6 oz of wine, or 2 oz of hard liquor) _____

Is the person currently driving? _____

**Medication
History**

Please list all **prescription** medicines that the person is currently taking.

| Name of medication | Strength and times per day |
|---------------------------|-----------------------------------|
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |

Please list all **over-the-counter** medicines that the person is currently taking at least once a week.

| Name of medication | Strength and times per day |
|---------------------------|-----------------------------------|
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |

**Review of
Systems**

Has the person experienced any of the following problems in the past few years? Please describe any problems briefly, with approximate dates. If you need more room, write on the back of the sheet. Leave the blank empty if the problem had not occurred.

| Problem | Description, date(s) |
|--|-----------------------------|
| Change in personality | _____ |
| Trouble talking, finding words | _____ |
| Weakness on one side | _____ |
| Poor judgment | _____ |
| Episodes of severe confusion | _____ |
| Loss of alertness, inability to wake up | _____ |
| Believing something that is obviously not true | _____ |
| Cries, gets angry without reason | _____ |
| Vision or hearing loss | _____ |
| Problem with teeth, gums | _____ |
| Injury from a fall | _____ |
| Trouble with balancing, walking | _____ |
| Snoring loudly, gasping for breath while sleeping | _____ |
| Shortness of breath | _____ |
| Chronic coughing | _____ |
| Change in bowel habits | _____ |
| Bleeding from the rectum | _____ |

Review of symptoms, continued

Problem

Description, date(s)

Increased or decreased interest in sex

Trouble with urination, incontinence

Pain in joints or bones

Limited movement of arms, legs

Bleeding or enlarged spots on skin

Unusual skin dryness or sweating

Changes in appetite

Unusual thirst

Extreme fatigue

Change in sleep habits

Weight loss or gain

Inability to prepare or eat food

When you have completed this form, please return it to: _____
