

Family Report: The Memory Problem Instructions

(Do not copy this page for patients or family)

This tool is one in a series of questionnaires designed to collect information generally relevant to the differential diagnosis of a memory problem.

“Family Report: The Memory Problem” asks the family to relate the story of the memory problem and should be completed by the family rather than the patient.

Family Report: The Memory Problem

Instructions

To determine the cause of memory problems, the doctor needs details about specific changes and when they began. **The information needs to come from people who have had frequent contact with the person having the memory problem.** Talk to family and friends of the person to gather the best information when you do not know the whole story of the problem.

Most persons have had minor and subtle problems with higher mental function for years before they come to a doctor with questions about changes in memory. Go back in your mind a few months at a time and think about possible signs of memory problems — for example, difficulty paying bills and balancing a checkbook, dealing with tax records and business affairs, shopping alone for clothes or groceries, playing games of skill, performing a hobby, preparing a cup of coffee or a meal, following current events, understanding and discussing a book or TV show, remembering appointments and family occasions, traveling out of the neighborhood, or driving.

The name of the person is: _____

My name is: _____

My telephone is: _____

The Story of the Memory Problem

The doctor needs the whole story of the memory problem. Your answers to the following questions will help the doctor put the whole story together.

1. What was the very first sign that something had changed in the person's memory and thinking? When was that change noticed?
 2. Please describe all other signs of problems with memory and thinking, along with the approximate time that they developed. (For example, you could not balance the checkbook starting about 3 years ago, you got lost going to the mall 6 months ago). Write on the reverse side of sheet, if you need more space.

When you have completed this form, please return it to: