

# Memory Loss Evaluation: Initial Visit

(Name) \_\_\_\_\_

Date: \_\_\_\_\_

Age: \_\_\_\_\_

**Fam Rpt: Beh**  
**3=unable; 0=able**

checkbook \_\_\_\_\_  
 taxes \_\_\_\_\_  
 shopping \_\_\_\_\_  
 games \_\_\_\_\_  
 stove \_\_\_\_\_  
 meal prep \_\_\_\_\_  
 events \_\_\_\_\_  
 TV, book \_\_\_\_\_  
 appointments \_\_\_\_\_  
 travel \_\_\_\_\_

**SCORE** \_\_\_\_\_

**Past Med Hx**  
*check positives*

HTN   
 CAD   
 thyroid   
 cholesterol   
 CVA   
 neuropathy   
 periph vasc   
 diabetes   
 hepatitis   
 head injury   
 Parkinson's   
 alcohol   
 depression   
 VD   
 seizures   
 drug abuse   
 cancer   
 iICH   
 meningitis   
 hear, vision   
 vitamin def   
 brain image

**Family Hx**

dementia   
 Parkinson's   
 depression   
 stroke   
 CAD   
 Down's   
 Diabetes

**Story of the Memory Problem**

**Current medical history**

**Former medical/surgical history**

**Psychiatric history**

**Medications**  see list

**Positives (Family history, occupation, habits, function)**

**ROS**

- circle positives*
- personality
  - speech
  - weakness
  - judgment
  - confusion
  - alertness
  - delusions
  - hallucinations
  - emotional
  - sensory
  - mouth
  - fall, injury
  - balance
  - snore
  - short of breath
  - cough
  - bowel
  - hematochezia
  - sex dysfxn
  - incontinence
  - joint pain
  - extremities
  - skin
  - appetite
  - thirst
  - fatigue
  - sleep
  - wt change
  - food

**Education**

\_\_\_\_\_ yrs.

**Employment**

\_\_\_\_\_  
 metals  
 ECT  
 boxer

**Health Habits:**

**Tobacco**

\_\_\_\_\_ pk-yrs.

**Alcohol**

\_\_\_\_\_/day

**Driving**

<b>Vital Signs</b>	<b>BP</b> _____	<b>P</b> ___ <b>T</b> ___	<b>Wt.</b> ___ <b>lb</b>	<b>Ht.</b> ___ <b>in</b>
<b>Eyes</b>	<input type="checkbox"/> nl conjunctiva & lids	<b>MS Gait</b>	<input type="checkbox"/> nl gait & station	
Pupils	<input type="checkbox"/> pupils symmetrical, reactive	<b>Nails</b>	<input type="checkbox"/> no clubbing, cyanosis	
Fundus	<input type="checkbox"/> nl discs & pos elements	Check nl, circ abn	ROM	Strength
<b>ENT-External</b>	<input type="checkbox"/> no scars, lesions, masses	Rt. Arm	<input type="checkbox"/>	<input type="checkbox"/>
Otoscopic	<input type="checkbox"/> nl canals & timpanic membranes	Lt. Arm	<input type="checkbox"/>	<input type="checkbox"/>
Hearing	<input type="checkbox"/> nl to _____	Rt. Leg	<input type="checkbox"/>	<input type="checkbox"/>
Intranasal	<input type="checkbox"/> nl mucosa, septum, turbinate	Lt. Leg	<input type="checkbox"/>	<input type="checkbox"/>
Ant. Oral	<input type="checkbox"/> nl lips, teeth, gums	Spine	<input type="checkbox"/>	<input type="checkbox"/>
Oropharynx	<input type="checkbox"/> nl tongue, palate, pharynx	<b>Skin</b>	<input type="checkbox"/> nl to inspection & palpation	
<b>Neck palp.</b>	<input type="checkbox"/> symmetrical without masses	<b>Neurologic</b>	<input type="checkbox"/> nl alertness, attentive	
Thyroid	<input type="checkbox"/> no enlargement or tenderness	Cranial nerves	<input type="checkbox"/> w/o gross deficit	
<b>Resp. effort</b>	<input type="checkbox"/> nl without retractions	Coordination	<input type="checkbox"/> nl rapid alternating movement	
Chest percuss.	<input type="checkbox"/> no dullness or hyperresonance	DTR's	<input type="checkbox"/> symmetrical, ___ (scale: 0-4+)	
Chest palp.	<input type="checkbox"/> no fremitus	Sensation	<input type="checkbox"/> nl touch, proprioception	
Auscultation	<input type="checkbox"/> nl bilateral breath sounds w/o rales	<b>Psych Orient'n</b>	<input type="checkbox"/> nl to day, mo, yr, time, location	<b>MMSE</b> ___/10
<b>Heart palp.</b>	<input type="checkbox"/> nl location, size	Registration	<input type="checkbox"/> register 3 items	___/3
Cardiac ausc.	<input type="checkbox"/> no murmur, gallop, or rub	Attn/Calc	<input type="checkbox"/> serial subtraction, world bckwd	___/5
Carotids	<input type="checkbox"/> nl intensity w/o bruit	Recall	<input type="checkbox"/> recall 3 items	___/3
Pedal pulses	<input type="checkbox"/> nl posterior tibial & dorsalis pedis	Language	<input type="checkbox"/> nl nam'g, repit'n, compr'n, read'g, writ'g	___/8
<b>Breasts</b>	<input type="checkbox"/> nl inspection & palpation	Visuospatial	<input type="checkbox"/> copy design, clock	___/1
<b>Abdomen</b>	<input type="checkbox"/> no masses or tenderness	Knowledge	<input type="checkbox"/> current/past presidents	total: ___/30
L/S	<input type="checkbox"/> no lever/spleen	Mood	<input type="checkbox"/> nl GDS ___/15	
Hernia	<input type="checkbox"/> no hernia identified	Speech	<input type="checkbox"/> nl rate, volume	
Anus/rectal	<input type="checkbox"/> no abnormality or masses	Thought cont.	<input type="checkbox"/> logical, coherent	
<b>GU male</b>	<input type="checkbox"/> nl to inspection & palpation	Psychosis	<input type="checkbox"/> no hallucinations, delusions	
Prostate	<input type="checkbox"/> nl size w/o nodularity	Judgement	<input type="checkbox"/> nl	
<b>GU female</b>	<input type="checkbox"/> external genitalia nl w/o lesions	Behavior	<input type="checkbox"/> cooperative, appropriate	
Int. inspection	<input type="checkbox"/> nl bladder, urethra, & vagina	<b>Hachinski</b>	sum 1 <sup>st</sup> column x 2; sum 2 <sup>nd</sup> column; total columns	
Cervix	<input type="checkbox"/> nl appearance w/o discharge	Abrupt onset	<input type="checkbox"/> Stepwise	<input type="checkbox"/>
Uterus	<input type="checkbox"/> nl size, position, w/o tenderness	Hx stroke	<input type="checkbox"/> Somatic	<input type="checkbox"/>
Adnexa	<input type="checkbox"/> no masses or tenderness	Focal signs	<input type="checkbox"/> Emotional	<input type="checkbox"/>
<b>Lymphatic</b>	<input type="checkbox"/> nl neck & axillae	*symptoms	<input type="checkbox"/> HTN	<input type="checkbox"/>
Lymph other	<input type="checkbox"/>	sum x2:	___	sum: ___ total: ___

Additional description of positive findings:

Preliminary Diagnostic Assessment (impairment level, comorbid health conditions, potential treatable elements)

Recommendations:

- Lab:
- Electrolytes  CA  TSH  STS  B<sub>12</sub>
- Imaging (type, hx) \_\_\_\_\_
- Medication changes
- Referrals
- Information
  - Medical Evaluation of Memory Loss
  - Treatments for AD
  - Stroke Prevention
  - Family Report: Caregiving Issues

# Memory Loss Evaluation: Initial Visit

Date: \_\_\_\_\_  
Age: \_\_\_\_\_

**Fam Rpt: Beh**  
3=unable; 0=able  
checkbook \_\_\_\_\_  
taxes \_\_\_\_\_  
shopping \_\_\_\_\_  
games \_\_\_\_\_  
stove \_\_\_\_\_  
meal prep \_\_\_\_\_  
events \_\_\_\_\_  
TV, book \_\_\_\_\_  
appointments \_\_\_\_\_  
travel \_\_\_\_\_  
SCORE \_\_\_\_\_

**Past Med Hx**  
check positives  
HTN   
CAD   
thyroid   
cholesterol   
CVA   
neuropathy   
periph vasc   
diabetes   
hepatitis   
head injury   
Parkinson's   
alcohol   
depression   
VD   
seizures   
drug abuse   
cancer   
ICH   
meningitis   
hear, vision   
vitamin def

**Fam Hx**  
dementia   
Parkinson's   
depression   
stroke   
CAD   
Down's   
diabetes

**Story of the Memory Problem**  
Record your version of the history of the dementing illness from the family questionnaire in Tools, pp.17-18, and your interview of the patient and caregiver

Record scores here from the questionnaire in Tools, pp.13-14; scoring instructions are on p.15

**Current medical history**  
Describe active problems with potential impact on cognitive function

**Former medical/surgical history**  
Record information here from the review-of systems questions (pp.28-29) in the family questionnaire in Tools, pp.19-29

**Psychiatric history**  
Record information here from questions on pp.24,26 in the family questionnaire in Tools, pp.19-29

**Medications**  see list  
Use the medication list (p.27) in the family questionnaire in Tools, pp.19-29, or your own version

**Positives (FHx, occup., habits, function)**  
Record information here from questions on p.26 in the family questionnaire in Tools, pp.19-29

**ROS**  
circle positives  
personality  
speech  
weakness  
judgment  
confusion  
alertness  
delusions  
hallucinations  
emotional  
sensory  
mouth  
fall, injury  
balance  
snore  
short of breath  
cough  
bowel  
hematochezia  
sex dysfxn  
incontinence  
joint pain  
extremities  
skin  
appetite  
thirst  
fatigue  
sleep  
wt change  
food

**Education**  
\_\_\_\_\_yrs.

**Employment**  
\_\_\_\_\_  
metals  
ECT  
boxer

**Health Habits:**  
**Tobacco**  
\_\_\_\_\_pk-yrs  
**Alcohol**  
\_\_\_\_\_/day

**Preliminary Diagnostic Assessment** (Impairment level, comorbid health conditions, potential treatable elements)

**Recommendations:**

