

Canes and Walkers

Which One Is Right for You?

There are many types of canes, walkers, and other assistive devices available. If you think you need a cane or walker, talk to your doctor and/or a physical therapist to make sure you get the product that is best for you.

Canes

Canes provide support and balance and may help some people avoid falls.

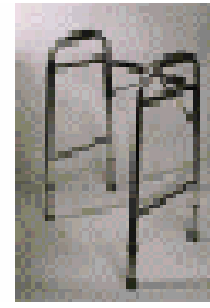
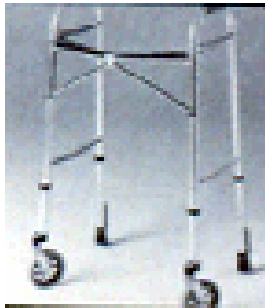
- You can support up to **25%** of your weight with a cane.
- Typical reasons for using a cane:
 - Arthritis, especially of the knees and hips
 - Mild balance disorders
 - Injuries to the foot or leg



Walkers

Walkers provide support and balance and may help some people avoid falls.

- You can support up to **50%** of your weight with a walker.
- Typical reasons for using a walker:
 - Arthritis, especially of the knees and hips
 - Moderately severe balance and gait disorders
 - Generalized weakness of hips and legs
- In most cases, canes and walkers are reimbursable through Medicare and other insurers.



Disclaimer: This information is not intended as a substitute for professional care. Your physician should be consulted for personalized information.