

# After the Fall: A Guide for Patients and Families

## ***Guidelines for Patient and Family***

- Any fall needs medical evaluation — urgent attention if there is injury — or at least a routine evaluation to find the cause and prevent the next fall.
- If there is an obvious injury, the person should obtain medical assistance immediately and notify the primary care provider.
- Even without obvious injury, if there is a significant blow to the head or any loss of consciousness, the person needs immediate medical attention.
- Any signs of confusion after a fall warrant immediate medical evaluation.
- Even if there is no injury, falling could be related to other medical conditions and should be reported to the doctor or primary care provider.

***Disclaimer:** This information is not intended as a substitute for professional care. Your physician should be consulted for personalized information.*